## Cardinia Council Senior Event at Kurth Kiln Tuesday 10 October 2017

29 people, including Cr Mayor Brett Owen and Cr Graeme Moore from the Cardinia Council plus four children, participated in the event on a perfect spring day. The event started off with a welcome from Alfred and Aileen Thoms, Manager Health Promotion Koo Wee Rup Hospital.



The short walk, Cr Mayor Brett Owen minding the baby while its mother took the photo

Bev from the Friends of Kurth Kiln lead the longer 6km walk and Ursula the short 2km walk along the Tomahawk Creek Track.



Getting ready for the walk



Refreshments after the walk

Jan and Glen looked after the coffee and cake which was welcomed after the walk.



Resting after the walk

After refreshments
Aileen gave an
interesting talk about
the importance of
being active and
participating in the
community.



Aileen giving her talk



Cr Graeme Moore thanking Aileen for her talk